

Editorial: Nurses and Their Role in Managing The Non-Communicable Diseases

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Nurses play a crucial role in preventing, responding to, and managing emerging diseases across various settings and roles. Their expertise and perspectives at micro-, macro-, or meso-system levels bring valuable contributions to healthcare teams in planning, implementing, and evaluating response to outbreaks and epidemics. Nurses provide direct care and act as educators, which is one of their most critical roles in health promotion and disease prevention. Spending the most time with patients, they provide anticipatory guidance on topics such as nutrition, dietary choices, medications, and care management.

Nurses are also essential in reducing disease outbreaks and promoting a

healthier lifestyle for society through outreach programs and patient guidance. They assist patients visiting hospitals, caretakers, and the public in learning about disease prevention and leading healthier lives. As the primary point of contact, nurses are in a favourable position to identify, manage, and refer patients with NCDs. Additionally, they can offer information, education, and counselling to the public about preventing NCDs. Thus, mobilizing and investing in nurses is necessary to make significant strides in addressing NCDs. It is hoped that governments, policymakers, and professional organizations can collaborate to strengthen the role of nurses in eradicating and reducing the prevalence of NCDs.

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