Learning’s habits during COVID-19 Pandemic

Assistant Professor Dr. Somsak Thojampa, PhD, RN, and Dr. Sirikanok Klankhajhon, PhD, RN.
Faculty of Nursing, Naresuan University, Thailand
email: Somsakth@outlook.com

COVID-19 pandemic is a global issue, which has been changed our life. In education, the teaching and learning has dramatically developed into the online learning during the school closure. Although, most of schools back to open normally as a new normal learning such as wear a face mask, social distancing, hand washing, and observe fever every day. The students should be changed their learning’s habits (Trung et al, 2020). Firstly, the perception of students and teachers should be adapted as a positive thinking that this situation gives us a chance to learn and gain an experience the online and self-learning. The learning will be driven to the 21st century as a teaching-learning innovation. Next, the students should find and create the suitable ways to learn during this issue based on their context and preferences. The teachers should take an important role as a consultant and guide them based on the competencies and objectives of the subjects. Then, the schedule of learning should be established as a routine study such as online, face-to-face and blended learning. The collaboration between teachers and students should organize hours of study, topic and atmosphere based on the question “how to set up the schedule that most effective learning and fit with student’s styles?”. This strategy supports the student to achieve their goals. Also, psychological factors should be concerned during the studying in the COVID-19 pandemic. The Corona Virus situation reports should be updated to prevent pandemic, reduce anxiety and cope with this current condition based on the concept of an informational support. Lastly, the students and teachers should take a break during the study that maintain the healthy lifestyles. They should find the favorite hobbies such as workout online, talk with significant person, watch a movie, and cooking at home. In this time, the main pupil is prevention and control the pandemic of COVID-19 as a “New normal” in Education.

REFERENCE


http:// injec.aipni-ainec.org/index.php/INJEC/index